

ANNUAL REPORT 2023

SUNLIGHT OF COLLIER COUNTY

SunlightHome.org

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BOARD OF DIRECTORS

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LETTER FROM THE CEO



E.B. Newberry Yarnell

CEO

Dear Supporters and Friends,

I am pleased to share the positive changes and accomplishments we achieved at Sunlight Home in 2023. This past year has been transformative for our organization, and I am excited to highlight several key initiatives and improvements that have significantly impacted our mission and the lives of our residents.

Firstly, we introduced a comprehensive mental health program in collaboration with local professionals. This initiative has been instrumental in providing our residents with the support and resources they need to address their mental health challenges and foster emotional well-being.

Additionally, we have embraced a more holistic approach to our programming. By integrating various aspects of healing and growth, we have created an environment that nurtures the physical, emotional, and spiritual development of our residents. This approach has been pivotal in helping them rebuild their lives and achieve lasting success.

Our policies have been strengthened, ensuring a more robust and effective framework for our operations. Through prudent financial management, we have reduced our spending while maintaining the quality of our services. The increased involvement of dedicated volunteers has also played a crucial role in enhancing our capacity and outreach.

I am proud to report that we have been able to increase the number of residents at Sunlight Home. This growth is a testament to our commitment to providing a safe and supportive environment for women and children in need.

Furthermore, we have initiated programs aimed at expanding our impact within the community. These efforts have already begun to yield promising results, demonstrating the potential for even greater positive change in the future.

The progress we have made this year would not have been possible without the unwavering support of our donors, volunteers, and community partners. Your dedication and generosity continue to drive our mission forward, and for that, we are deeply grateful.

Thank you for being an integral part of our journey. Together, we are making a lasting difference in the lives of those we serve.

Many Blessings,

E.B. Newberry Yarnell

ORGANIZATION OVERVIEW

With new leadership in place, our initial priority in 2023 was to meticulously review and revise our policies, documents, and program manual to ensure they accurately reflect our mission and operational intentions. Following this, we concentrated on cultivating relationships with community members and other organizations, a focus that remained central throughout the year. Additionally, we successfully increased our resident capacity and implemented enhanced systems to improve the care and mental health support provided to our residents. These efforts have fostered a more comprehensive, holistic, and effective approach to their well-being.



Vision

Our vision is to be a beacon of hope and transformation for women and children in need, creating a future where every woman feels empowered, safe, and valued. We aspire to be a leading force in breaking the cycle of abuse and poverty by providing comprehensive support, fostering personal growth, and promoting community engagement. Through our holistic approach, we envision a world where every woman and child we serve can achieve lasting independence, self-sufficiency, and a brighter, more promising future.

Mission

To provide a safe and nurturing environment for abused, battered, and pregnant women, empowering them to rebuild their lives and thrive independently. We are dedicated to fostering holistic healing through comprehensive support services, mental health programs, and community involvement. Our commitment is to nurture the physical, emotional, and spiritual well-being of our residents, guiding them towards a brighter future for themselves and their children. We strive to make a lasting impact by promoting resilience, self-sufficiency, and hope for every woman and child we serve.

PROGRAM SUCCESSES



Program Expansion Efforts

In 2023, Sunlight Home expanded its programs to include short-term residential services, enhancing our ability to provide immediate support and shelter to women and children in crisis. Additionally, we launched community outreach initiatives to extend our impact beyond our residential facilities, offering education, resources, and support to those in need. Looking ahead, we have begun developing transitional programming, aimed at bridging the gap between emergency shelter and independent living, ensuring our residents have the necessary tools and support to successfully reintegrate into the community and maintain self-sufficiency.

Residential Programs

In 2023, Sunlight Home saw increased success in our residential programs due to the inclusion of short-term residents. By addressing the immediate needs of women and children in crisis, we provided critical, timely support that paved the way for long-term stability and growth. This expansion allowed us to offer tailored care and resources, ensuring that even those with shorter stays received comprehensive support. As a result, we observed higher rates of resident engagement, improved mental health outcomes, and more successful transitions to independent living, demonstrating the effectiveness of our enhanced, inclusive approach.

100%

Of all residents reported learning new life skills and an improved sense of self worth.

100%

Of all residents participated in mental health programs.

200%

Increase in volunteer hours utilized to offset expense and increase program efficiency.

SOME OF OUR RECURRING EXPENSES

CHILDCARE

\$196 PER RESIDENT EACH MONTH

PAPER PRODUCTS

\$220 EACH MONTH

MENTAL HEALTH COUNSELING & EDUCATION

\$300 PER RESIDENT EACH MONTH

LAUNDRY SUPPLIES

\$200 EACH MONTH

SHELTER ELECTRICITY

\$400 EACH MONTH

GAS FOR RES. TRANSPORTATION

\$650 EACH MONTH

INSURANCE

\$35,000 EACH YEAR

PARENTING CLASSES

\$100 EACH MONTH

RESPONSIBLE STEWARDSHIP



Revenue exclusively from private donations, fundraisers and private grants:

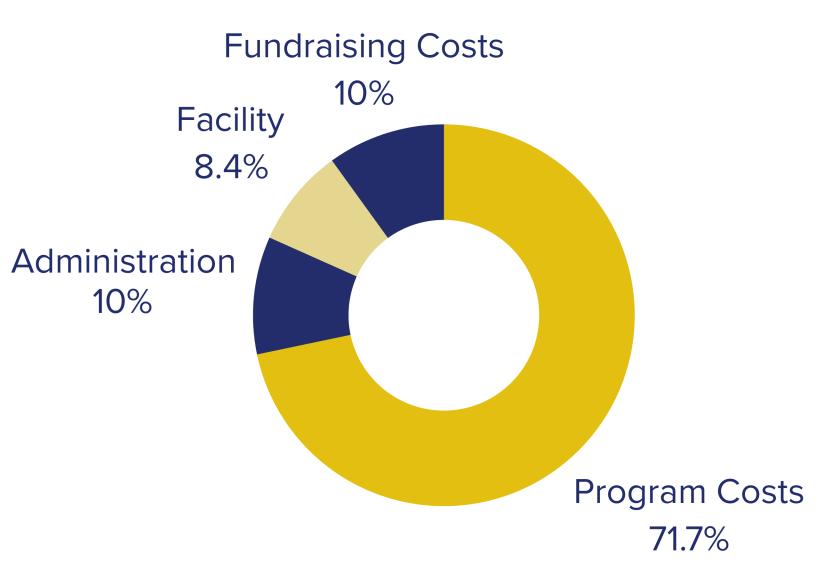
\$776,150.00

Total of all expenditures 2023:

\$518,449.00

EXPENDITURE OVERVIEW





INCOME SOURCE BREAKDOWN

Fundraising Revenue 35.4%



RESIDENT UPDATE

Deliah and Gemma*

Deliah's story is one of resilience, hope, and transformation. Born and raised in Collier County, Deliah grew up in an environment rife with negative influences and toxic relationships. Despite her best efforts, she struggled to break free and had never been able to hold a job for more than a week or two.

Discovering she was pregnant, Deliah knew she needed to change her life, but finding a path forward seemed insurmountable. Deliah learned about Sunlight Home from a woman she had met at one of her short lived places of employment, and discovered it was a safe haven for women like her.

At Sunlight Home, Deliah was provided with the support and resources she needed to start her journey toward healing and independence. Through the Long-Term Empower Program, she engaged in Bible study, attended church, and followed a personalized case action plan. She received childcare support, which allowed her to focus on her personal development and job training.

One of the most significant changes in Deliah's life was the creation of a positive support system. With guidance from Sunlight Home, she learned to set healthy boundaries and distanced herself from toxic family members who had been detrimental to her well-being. Instead, she surrounded herself with new friends who offered encouragement and positivity.

Deliah also received training in financial planning, learning to budget, save money, and build her credit. These skills were crucial in helping her secure and maintain a job that she not only kept but enjoyed for months. This newfound stability in her employment was a testament to her hard work and the support she received from Sunlight Home.

Perhaps most importantly, Deliah began to understand what it meant to be a good mother. Through parenting classes and mentorship, she learned how to care for Gemma in a loving and nurturing way. The bond between mother and daughter grew stronger each day, built on a foundation of trust, love, and security.

Deliah's journey was not easy, but her perseverance paid off. Today, she stands as a beacon of hope for others in similar situations. Her story is a powerful reminder that, with the right support and determination, it is possible to overcome even the deepest struggles and build a brighter future for oneself and one's children.

Sunlight Home is proud to have been a part of Deliah and Gemma's journey, and we continue to support and celebrate their ongoing success.

• Names changed to protect program participants' identity.

FUTURE OUTLOOK



Looking Forward with Excitement

We are very excited for the future of Sunlight as we continue to expand our services and the number of women we are able to help.

As we continue to forge new relationships in the community and with our expanded bed count, we will be able to offer more women the shelter and safety they need to avoid any pressure they may be under to have an abortion and find a safe haven for their growth and the birth and earliest memories of their babies!

SABRINA'S STORY

Hello, my name is Sabrina. Just before I turned 18, my life took a turn I never expected when I learned I was pregnant. I had already dropped out of high school and fallen into terrible circumstances to survive. I didn't realize it, but I was being human trafficked. From the time I was young, I had been groomed to believe I was worthless. I was told I had no value and should be grateful for any amount anyone was willing to pay to abuse me and my body. Until I arrived at Sunlight, I thought the way I was living was normal and I didn't know there could be more for me.

Everything changed at Sunlight. I learned about my inherent value in the eyes of God. I learned that I could be forgiven, despite the bad things I had done. I experienced unconditional love for the first time. The staff at Sunlight gave me the confidence and support to pursue my GED and I continue to study and pass each section as I work towards a brighter future for myself and my baby girl. Sunlight has shown me what it means to be a mommy, not just a birth mother, and they have taught me skills I never thought I'd have.

I have big dreams again. After I pass the last part of my GED, I plan on attending cosmetology school and later attending college to study business. Because of Sunlight I can sit here today and say I am a different person than when I arrived at the front door. I no longer recognize that person and I can confidently say I will never allow myself to be in those circumstances again. I can say this because Sunlight taught me my real value, life skills, and the confidence I need to succeed in this world. I look forward to being completely independent and being a strong, positive role model for my daughter.

I am filled with gratitude for Sunlight and all they do for me and all the women they help. Sunlight saved me. I am on an upward path and am determined to create a future that I used to think was impossible. Thank you for considering giving your support to Sunlight Home. Your generosity will allow more lives to be changed and for other women, like me, to find hope and purpose in life.



HOW YOU CAN HELP



SunlightHome.org/Donate



SunlightHome.org/Volunteer



Facebook.com/SunlightHome



Contact Us

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239.352.0251





PLEASE DETACH AND MAIL TO JOIN OUR MAILING LIST OR TO SUBMIT A DONATION

private donations to continue our work. Any gift you are able to give helps us save the The annual cost of one resident at Sunlight Home is \$10,500 and we rely solely upon lives of babies and restore the lives of vulnerable and abused women.

Sunlight Home

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